



News Bites & Insights

ISSUE 1 • AUGUST 2010

"A smile is an inexpensive way to change your looks." ~ Charles Gordy

A Note From the Staff

Atlanta Family Dental has been providing high quality, affordable dental services to residents of all ages in Hamilton and surrounding counties for more than three decades. Long known for its service excellence, Atlanta Family Dental is a comprehensive dental practice featuring customized dental care, an in-house denture laboratory, and "state-of-the-art" equipment complimented by competent, highly trained staff. As a "full-service" dental practice, Atlanta Family Dental offers a wide range of services from cleanings, gum treatment, and extractions to cosmetic and restorative dentistry, bridges, and dentures.

Thank you for your ongoing support of our practice and to your dedication to your dental health. We appreciate the opportunity to help you keep your smile healthy and bright. Keep up the good work! We look forward to seeing you at your next appointment!

Sincerely,
The Staff at Atlanta Family Dental

Gum Disease Info Online

Gum disease is an infection of the gums and tissue that hold the teeth in place. The National Institutes of Health now offers information on periodontal disease and a lot more at www.NIHSeniorHealth.gov. NIHSeniorHealth is an easy-to-use website that features basic health and wellness information for older adults.

Did You Know?

Some 80% of the U.S. population has some form of periodontal gum disease. Wondering if you are among the 80%? If you are behind on your dental check up by more than a year, you could be putting yourself at greater risk for gum disease. -ADHA

Dr. Neise Returns to Practice



We are pleased to share that after a brief hiatus with family, Dr. Jennifer Neise has returned to practice at Atlanta Family Dental. She will be joining Dr. Warner to serve our growing number of patients. Dr. Neise, who earned a Doctor of Dental Surgery degree with distinction at the Indiana University School of Dentistry, has been with Atlanta Family Dental since 2005 and has established a loyal following of patients.

"I am excited to announce that I will be returning to Atlanta Family Dental on Mondays and Tuesdays," says Dr. Neise. As you may recall, I took the past 6 months off from AFD to spend time with my family. It was time well spent! Not only did I get irreplaceable time to focus on my family's needs, but I was also able to take more time to build on my professional development. I continue to strive to serve others by being the most compassionate and competent dentist that I can be.

I want to thank both my patients and the wonderful staff at Atlanta Family Dental for their graciousness and understanding in allowing my sabbatical. I look forward to returning as a part of your dental care team!"

Dr. Neise is a member of the American Dental Association, Indiana State Dental Association, East Central Dental Society, and Omicron Kappa Upsilon Honor Dental Fraternity. Dr. Neise's pleasant chairside demeanor, knowledge and skill has brought about a loyal following. Dr. Neise is currently accepting new patients.

Adult Periodontitis: What You Need to Know

Without good periodontal health, there cannot be good general health. There are many health problems that can be aggravated by poor oral hygiene. Here are just a few:

Stroke: Those with adult periodontitis may have increased risk of stroke.

Respiratory Infections: Inhaling bacteria from the mouth and throat can lead to pneumonia. Dental plaque buildup creates a dangerous source of bacteria that can be inhaled into the lungs.

Heart Disease: Those with adult periodontitis may have increased risk of fatal health attacks and are more likely to be diagnosed with cardiovascular disease. Bacteria from the mouth may cause clotting problems in the cardiovascular system.

Severe Osteopenia: Reduction in bone mass (osteopenia) is associated with gum disease and related tooth loss. Severity has been connected to tooth loss in postmenopausal women.

Uncontrolled Diabetes. Chronic periodontal disease can disrupt diabetic control. Diabetes can contribute to bacterial overgrowth in the mouth. Smokers with diabetes increase their risk of tooth loss by twenty times. People with type II diabetes are three times as likely to develop periodontal disease than their nondiabetic counterparts.

Preterm or Low Birth weight Babies: Women with advanced gum disease may be more likely to give birth to an underweight or preterm baby. Oral microbes can cross the placental barrier, exposing the fetus to infection.

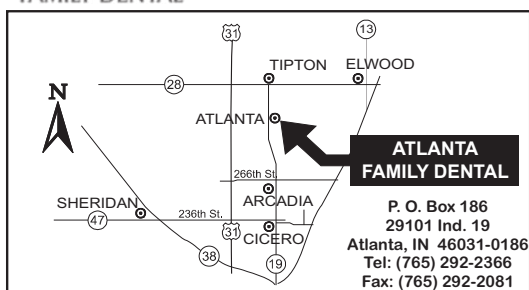
Schedule your appointment today for your oral evaluation to see if you have adult periodontitis. We can provide you with all the latest oral care remedies available to control or eliminate periodontal disease.

"We go the extra mile to give you a healthy smile."



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Meet Stephanie Carden



Stephanie Carden is the new Hygienist at Atlanta Family Dental. Stephanie, hired in March, is a people person and it shows. Her warmth and enthusiasm for her work quickly puts patients at ease. "I want to develop a relationship with my patients so they feel comfortable and look forward to coming back," explains Stephanie, who earned an Associate in Science Degree in Dental Hygiene from IU Northwest.

"Relationships are critical in our work," she continued. Like her colleagues at Atlanta Family Dental, Stephanie is driven by a true desire to make a difference in the lives of her patients. "This is a wonderful place to work and an even better place to be a patient," added Stephanie. "I have recommended Atlanta Family Dental to my friends and family."

Stephanie takes her time with patients, is gentle and her attention to detail during cleanings means a lot to her patients. "She believes in being proactive and providing a customized dental health care plan helps prevent potential problems."

"Because poor dental health and hygiene impacts the entire body, keeping on top of your dental health needs should be a top priority," noted Stephanie. "People want to look and feel their best and we can be an important part of ensuring that your mouth, teeth and gums are in the best shape they can possibly be!"

Stephanie's best tip is not to sell yourself short in terms of the smile you want and deserve. A pretty smile is something everyone can attain.

Did You Know?

Atlanta Family Dental has an onsite, state-of-the-art laboratory to provide timely prosthetic processing and repair.

The Tooth and Nothing But the Tooth

Orange juice, soda and sports drinks have enamel-damaging potential. Black and green teas don't attack enamel. To save wear on your teeth, use a straw with acidic drinks, drink brewed tea without sugar or lemon, and snack on natural stain removers like apples, celery and carrots.

