

Sachin S. Parulkar, DDS, LLC

Care of the Mouth after Local Anesthetic

Your child has had local anesthetic for their dental procedure:

If the procedure was in the lower jaw... the tongue, teeth, lip and surrounding tissue will be numb or "asleep".

If the procedure was in the upper jaw... the teeth, lip and surrounding tissue will be numb or "asleep".

Often, children do not understand the effects of local anesthesia, and may chew, scratch, suck, play with the numb lip, tongue, or cheek or even complain the numbness is "hurting". These actions can cause minor irritations or they can be severe enough to cause swelling and abrasions to the tissue. Please monitor your child closely for approximately two hours following the appointment. It is often wise to keep your child on a liquid or soft diet until the anesthetic has worn off. For example, your child may have applesauce, yogurt, or pudding.

Should you have any questions please feel free to contact our team at 740-657-1562