

Post Operative Directions: Fillings

You have just received a filling. The bonded, tooth colored filling that was just placed is fully hardened by the time you leave our office. If anesthetic was not required, you can eat and drink immediately as you please. If anesthetic was used, we ask that you refrain from chewing until the anesthetic (numbness) wears off which generally takes one to two hours. This is simply to avoid the possibility of you accidentally biting down on your tongue or cheek. It is also normal to have some soreness around the injection site, or redness around the gum line from the polishing procedure.

It is possible to experience some sensitivity, particularly to cold, if the filling was very deep. As long as the nerve is healthy, the sensitivity will diminish with time. Please call our office at (231) 799-1110 if you have any questions or concerns.