

# Dental Treatments We Offer

## **Bite & Headache Relief**

- A small bite guard (called an “NTI”) fits over your 2 front teeth. This device is FDA approved to significantly reduce headaches and neck pain by relaxing muscles in the head and face.
- Very simple and comfortable to wear at night or all day. Just remove it when you eat.

## **Beautiful White Fillings**

- Beautiful white fillings that look and feel wonderful.
- Makes tooth stronger, protects weak cusps from fracturing and actually seals the tooth from bacteria.

## **Crowns & Onlays**

- Wraps around tooth cusps to make the tooth stronger, so it doesn’t break.
- Necessary for most back teeth if more than 2/3 of the tooth is missing. (Fillings won’t last)
- Beautiful in appearance & feels totally natural.

## **Fluoride-Adults**

- Alarming numbers of adults are getting cavities on their roots.
- Roots of teeth have no protective enamel layer, so root cavities progress so fast that they can reach the nerve in just a few months. Many teeth with root decay are not fixable; even with surgery.
- Professional strength adult fluorides significantly protect exposed roots. Adult fluoride treatments are essential if you’re on medications that make your mouth dry, or have crowns, bridges or large fillings.

## **Invisible Braces**

- Aligns teeth with thin removable trays that custom-fit your teeth.
- Clear and nearly invisible.
- Moves teeth just like braces but without the hardware showing.

## **Missing Teeth**

- A “fixed bridge” is a false tooth held by crowns to adjacent teeth.
- Looks and feels quite natural.
- Prevents bite from collapsing which may cause front teeth to loosen or shift.
- Keeps your bite properly distributed so other teeth don’t move or fracture.

## **Oral Cancer Screen**

- Fourth most common cancer. More prevalent than cervical cancer.
- Commonly no symptoms or noticeable growth.
- Most are caught too late; so the survival rate is one of the worst of all cancers.
- Simple screening tests use a rinse and special light (ViziLite).

## **Root Canals**

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- Removes infection from inside your tooth, with little pipe cleaner-like tools.
- The second most common procedure we do after fillings.
- Allows you to keep your natural tooth for years.
- Done with simple Novocain; usually in only one easy visit.

## Root Planning

- Removes infection that has gotten under the gum, invades the jaw bone and on roots that can progress rapidly to the nerve. May prevent need to surgery later.
- Provides fresher breath.
- Helps reduce gum hemorrhage that allows bacteria into your general system. Research has linked this problem to heart disease, immune disorders, low birth weight babies, diabetes and other health issues.

## Snore Guards

- Plastic appliance worn at night opens your airway by moving your lower jaw forward.
- Better oxygen flow can enhance sleep and provide more energy during the day.

## Veneers & Smile Makeovers

- Like an artificial fingernail that fits over front teeth.
- May be used to hide stains and chips, brighten tooth color, masks crooked teeth and can align them into a beautiful smile.

## Whitening

- Get a whiter more beautiful smile in less than an hour with unique gel on your teeth activated by a special light.
- Whitening can also be done with professional gel and custom-fitted trays you use at home.
- Weak gels sold in drug stores are not comparable.

## Digital X-rays

- Teeth are like the tip of an iceberg. Most of the problems are hidden.
- X-rays reveal trouble spots in-between the teeth, under the gums or within the jaw bone.
- They show bite problems, hidden cancers, cysts and abscesses.