



Tooth Fairy Times

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PLC

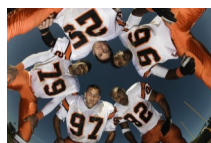
2009 DARE DAY

Inside this issue:

Community News	2
Clinical Tip	2
New Smile	3
News you can use	3
From the desk of Dr. Rainey	4



**We are the Official
Sponsor for the
Mountain View
Football Team.**



Dr. Rainey visited Stafford County's DARE DAY at Pratt Park. Brochures were given out to the kids about the effects of tobacco on oral health.

Patient News

Our office now participates with the United Concordia Active Duty Dental Program. Service Members are referred to our office if they need emergency treatment to improve deployment status.

Community News

Dr. Rainey attended the Virginia Governance Meeting held in Richmond from Sep 11-13, 2009. She is an elected member of the 2009 House of Delegates for the Virginia Dental Association. The House of Delegates votes on issues that affect how dentistry is practiced in the Commonwealth.



Clinical Tip of the Quarter

If you have a trauma or a dental emergency, take a picture with your cell phone and email it to the office. This will allow Dr. Rainey to review it immediately.



New Smile



This makeover was achieved with 8 Lumineers!!!

News you can use

Dry Mouth

What is Dry Mouth?

Saliva coats and lubricates tissues in the mouth. It helps cleanse the mouth and begins the digestive process as you chew. Speaking, chewing, and swallowing are all made easier when the mouth is moist. When saliva glands do not work properly, the mouth becomes dry. Artificial saliva is a product that is used to help relieve dry mouth. This product can be found in your local drugstore. Check with your pharmacist if you don't see it displayed with other oral hygiene products.

Common effects of Dry Mouth:

- Tooth Decay
- Gum Disease
- Bad Breath
- Denture Soreness



Dry mouth results from an inadequate flow of saliva. Drying irritates the soft tissues in the mouth, which can make them inflamed and more susceptible to infection. Severe dry mouth can promote the growth of harmful organisms.

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specially formulated to prevent sensitivity.

From the Desk of Dr. Rainey



One year has passed. Seems like the office just opened yesterday!! I would like to thank all of you for supporting the practice and referring your friends. It has been a phenomenal year. I am gearing up to take new continuing education courses for your benefit. They will be listed in upcoming newsletters. Stay tuned :)

Dr. R

I've never seen a smiling face that was not beautiful.

Author Unknown
