

HEALTHY START



The Healthy Start System is an all-natural, non-pharmaceutical, and non-surgical treatment option delivered exclusively by specially trained dentists. Healthy Start is a series of uniquely designed oral appliances children wear for just a few hours a day and or during the night while they sleep. These soft comfortable appliances promote nasal breathing and discourage mouth breathing as they str-aighten teeth, widen the dental arches, and help develop the jaw further—just as nature intended.

The end result of Healthy Start treatment can be a healthy, happy child with a big, broad, beautiful smile full of straight teeth, and an airway wide and open for a lifetime of healthy breathing.

For more information about **Healthy Start** or to schedule a visit with Dr Jodi Sceville contact our office today. We look forward to meeting you!

Sceville Dental Group 209-847-8091 Oakdale, CA

There are five main objectives of the Healthy Start treatment:

1. Promote proper nasal breathing and discourage mouth breathing.
2. Eliminate certain bad habits such as thumb sucking, tongue thrust, reverse swallowing, etc.
3. Widen and develop the dental arches by strengthening the tongue and myofascial muscles, which surround the oral cavity.
4. Guide and develop the growth of the mouth and jaw more fully, which can open up and improve the size of the airway.
5. Gently guide permanent teeth into proper alignment and position in the mouth.

As those five main treatment objectives are realized, patients often experience a wide range of improvements in their overall health and wellbeing, including relief from many of the symptoms of Sleep Disordered Breathing.

What sets Healthy Start apart from every other treatment option:



No product is as easy and comfortable to use. The oral appliances resemble a sports mouth guard and are made from BPA-free, FDA-approved, medical-grade materials that rest comfortably in the mouth when worn. Healthy Start is an all-natural treatment that is safe and effective. Treatment with Healthy Start is non-surgical, non-pharmaceutical, and non-invasive therapy that can take pressure off parents who struggle with children affected by SDB and crowded / crooked teeth.



Healthy Start addresses the root cause of **Sleep Disordered Breathing**. The appliances work to expand and develop the airway in children. Compromised or constricted airways have been linked to SDB. Treatment is non-surgical, non-pharmaceutical, and non-invasive therapy that can take pressure off parents who struggle with children affected by SDB and crowded / crooked teeth.



No product we know of can have such a dramatic impact on a child's life. **Many children in treatment with Healthy Start have dramatically decreased prescription drug doses or come off their prescriptions completely**, under the supervision of their physician. Others can finally sleep through the night without wetting the bed. And parents report their children frequently have better focus in school, which has led to better grades and improved opportunities for success in life. Let our office help your child on the way to a healthier life today.